



Good Coach Guide

Young people come into Rugby Union for a variety of reasons; it is the duty of the coach to recognise this and stimulate continued participation. Coaches have a responsibility to ensure that all youngsters are given the opportunity to fulfil their aspirations in a caring environment.

In Rugby Union Coaches Should:

- Recognise the importance of fun and enjoyment when coaching young players. Most learning is achieved through “doing.”
- Appreciate the needs of the players before the needs of the sport.
- Be a positive role model – think what this implies.
- Keep winning and losing in perspective -encourage young players to behave with dignity in all circumstances.
- Respect all referees and the decisions they make (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.
- Provide positive verbal feedback in a constructive and encouraging manner, to all young players both during coaching sessions and games.
- Play or the use of prohibitive substances



TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP

'England Rugby' and the RFU Rose are trade marks of the Rugby Football Union