



Anti-Doping and Illicit Drugs Position Statement

Sale Rugby Club condemns the illegal use of drugs and doping in sport. We fully support the RFU in protecting the integrity of rugby union and its patrons. As a member of the RFU we are required to conform and implement World Rugby Anti-Doping Regulation 21 and RFU Anti-Doping Regulation 20.

Moreover we aim to actively educate our stakeholders and where possible support UK Anti-Doping (Ukad) and other anti-doping agencies/partners in regulating and safe guarding our sport from doping.

Our policies are underpinned by UKad and 100% ME 5 core values of:

1. Hard Work
2. Determination
3. Passion
4. Respect
5. Integrity

As an organisation we support and promote the “informed sport” programme. Sale Rugby Club recognise the extensive use of supplementation in elite and social sport. We also recognise the risk of the use of such products and the World Anti-Doping Agency (WADA)’s strict athlete liability policy. We will make every attempt to ensure our stakeholders understand this.

Sale Rugby Club additionally understands supplementation is no substitute for a balanced diet which is reflected in our educational strategies. Moreover Sale Rugby Club understands athletes can only attempt safeguard our athletes by employing effective risk minimisation criteria’s and that no supplement is 100% risk free.

Sale Rugby Club Supplementation Position Statement

Sale Rugby Club recognises the extensive use of supplementation in elite and social sport. We also recognise the risk of the use of such products and WADA’s strict athlete liability policy. We will make every attempt to ensure our stakeholders understand this. Sale Rugby Club additionally understands supplementation is no substitute for a balanced diet which is reflected in our educational strategies. Moreover Sale Rugby Club understands athletes can only attempt safeguard our athletes by employing effective risk minimisation criteria’s and that no supplement is 100% risk free. As an organisation we support and promote the “informed sport” programme.



TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP

‘England Rugby’ and the RFU Rose are trade marks of the Rugby Football Union